



MAMS CRICKET ACADEMY

Cricket is more than a sport; it is a test of character. It teaches us discipline in practice, patience in play, and courage in every challenge. At our academy, we believe true champions are not only made by their runs and wickets, but by showing respect for the game, towards ones teammates, and towards ones own dream. Play with passion, train with dedication, and carry the spirit of cricket with dignity
— both on and off the field."

RULE BOOK - RESIDENTIAL CRICKET PLAYERS



Rules & Regulations Guidelines - School Hostel & Cricket Academy Hostel (For All Residential Students)

1. General Conduct

- Students must maintain discipline, respect staff, coaches, peers, and follow hostel timings strictly.
- Polite and respectful language must be used at all times. Any abusive, disrespectful, or inappropriate behavior will not be tolerated.
- Students are ambassadors of the institution and must maintain dignity inside and outside the hostel/campus.
- Students are not allowed to roam alone and loiter around anywhere in the hostel / premises.
- Wearing slippers, crocs or sandals is not allowed outside the hostel.
- No sleeveless shirts: Wearing sleeveless shirts or vests is not allowed outside the hostel.
- No boxers: Wearing boxers is not allowed outside the hostel. Only sports shorts for training.

2. Hostel Timings & Daily Routine - (If not followed disciplinary actions may be taken)

- Wake-up: 5:30 AM (summer), 6:00 AM (winter)
- Morning Fitness/Prayer/Assembly: 6:30 AM – 7:30 AM
- Meals: Breakfast, Lunch, Evening Snacks, Dinner – as per mess schedule and timings.
- Evening Study/Academics: 2 hrs minimum (school hostel)
- Evening Practice/Net Session: 1 hrs minimum (academy hostel)
- Lights Out: 10:00 PM sharp

3. Visitors & Communication

- Parents/guardians may visit students only during visiting hours on weekends and Public Holidays with prior permission between 12:00 PM to 6:00 PM
- No visitors, including parents, are allowed from Monday to Saturday to ensure students remain focused on training and academics.
- Parents must inform the admission counsellor and Warden before they come to visit.
- No visitor is allowed inside the hostel rooms; meetings will take place in the designated visitor area.
- Meeting outside the hostel campus is not allowed.
- Special circumstances, such as parents travelling from far away, business commitments, or academic consultations, can be considered an exception, but only with prior approval from the Principal or Hostel Warden.
- Phone/video calls will be allowed as per hostel schedule, and days allotted.
- In case of an emergency, please call on the warden's number or school number.
- There is no free accommodation for parents. Paid Guest house is available on prior information.
- Must take a prior approved appointment to meet the principal.

4. Religious Festivals & Weddings

- Students are not allowed to leave the academy for religious festivals or ceremonies during training periods.
- The only exceptions are academy-declared holidays such as Shivratri, Holi, Baisakhi, Eid, Janmashtami, Dussehra, Diwali, and Guru Nanak's Birthday.
- Students may attend the wedding of a real sibling (blood brother or sister) with prior permission from the Principal or Warden.
- Weddings of extended family members (uncles, aunts, cousins, etc.) will not be considered for leave.
- Attendance at local weddings in Dehradun of close relatives is at the discretion of the Warden/Principal and must take place on Sundays or holidays.
- Requests for wedding leave must be made at least a week in advance and must include proper documentation.

5. Attendance & Movement

- Attendance in morning and evening study/sports sessions, and all meals are compulsory, on time.
- If student gets late more than twice a month, disciplinary actions will be taken.
- No student is allowed outside the hostel without warden's permission.
- Gate passes for outings will only be issued with prior approval from parents & Principal/Warden.
- Late entry into the hostel is a serious violation.
- Outing timings are strictly between 11:30 AM and 6:00 PM. only twice a month depending upon students' behaviour and performance.
- While outside, students must always be accompanied by a parent, guardian, or an authorised staff member

6. Academics & Sports Discipline

- School Hostel Students: Must attend classes, submit homework, and participate in academic tests along with their cricket schedule.
- Academy Hostel Students: Must attend all coaching sessions, fitness training, and matches/tournaments as per their cricket schedule.
- Minimum 75% attendance in both academics & sports training is compulsory to continue in the hostel.

7. Health, Hygiene & Safety

- Personal hygiene, clean uniforms, clean rooms, toilets, and proper sports gear are mandatory.
- Any illness or injury must be reported immediately to the hostel warden/coach.
- Students are not allowed to keep medicines without permission – all medication must be deposited with the warden and consumed only after approval.
- No one is allowed to leave campus without an outpass and permission.

8. Laundry

- Students and Players are requested to always wear clean uniforms and clothes.
- Days have been allotted for washing clothes.
- Make entry in laundry record kept by Warden, before giving count of clothes and receiving clothes after wash.
- Keep your clothes carefully and treat them as your own responsibility.

9. Leave Policy (Follow leave policy as- detailed)

- Leave will only be granted in exceptional cases with written requests from parents.
- No leave during exams, tournaments, coaching, camps, or compulsory events.
- Medical leave requires a doctor's or a registered medical practitioner's certificate.
- The leave application must be approved 7 days before.
- Hostel Leave Register must be signed before leaving and after returning.

10. Tournament & Match Rules (For Academy Students)

- Discipline during travel, matches, and tournaments is mandatory.
- Students must wear prescribed academy uniforms/kits at all times.
- Timings in hotels, host schools or tour venues must be strictly followed.
- No unsanctioned shopping, outings, or meeting outsiders during tours unnecessarily.
- Performance, fitness, and conduct will be evaluated regularly – continuation in academy is based on this.
- Compulsory for selected players to play matches and participate well.
- Tour and tournament fees must be paid in advance, at least three days before the event.

11. Discipline & Prohibited Activities - Strictly prohibited:

- Bullying, ragging, fighting, or any form of harassment.
- Consumption of tobacco, alcohol, drugs, steroids, or energy boosters.
- Possession of weapons, sharp objects, or harmful substances.
- Watching inappropriate content or misuse of internet/gadgets.
- Missing practice, classes, or hostel roll-call without reason.

Consequences: Warning → Fines 1000+, → Suspension → Expulsion

12. Fees, Security & Refunds

- Fees must be paid in advance before the due dates between 1st to 7th every month.
- Non-payment of dues (practice and classes may stop temporarily as a result)
- Non-payment of fees may lead to discontinuation from the hostel/academy.
- Admission Fee and Monthly fee paid is non-refundable.
- Caution Money Refund is only eligible if 30 days notice is served.
- Refunds will be processed after 90 working days, from the date of leaving the hostel.
- In case, prior notice is not provided, the caution money will be forfeited and cannot be claimed later.
- Refunds will be made within 90 working days to 6 months of application, through cheque/bank transfer only, never in cash.
- Parents will be asked to provide bank details for refund.

13. Pocket Money Usage Rules and withdrawal

- Every student must maintain a minimum balance of ₹3,000 in their hostel pocket money account.
- If availed till limit ₹3,000, deposit remaining amount to maintain the initial deposit amount 10000/- again.
- Students must submit a Pocket Money Withdrawal Slip duly signed by them at least 7 working days in advance, so that it can be easily approved by Authorities.
- Every withdrawal slip must be signed by the Hostel Warden, Admission Incharge and approved by the Principal and Director, After handing over amount, it should be signed by Accounts
- Without signatures, slips will not be processed.
- Parents must send a SMS/email for every withdrawal for his/her ward.
- Parents will be informed by SMS/email for every withdrawal by the admission cell..
- Email ID - mamsraiwala@gmail.com, kratika.soni@mamschool.ac.in
- Mobile : 8265847144 (WhatsApp) Admission Cell
- Any unutilized balance at the end of the year will be automatically carried forward to next year.
- Refunded to parents after clearing all outstanding dues and it will be refunded along with caution money amount between 90 days - 6 months of date of leaving the hostel.

14. Mobile usage

- Mobile phones: (allowed ONLY as per hostel mobile policy)
- School Hostel Students: Phones will be collected and issued on designated days and hours.
- Cricket Hostel Students: Limited use allowed at fixed times after practice for study
- Parent calling : Only once a week on Sunday.
- In cases of emergency or urgent family communication, the parents are allowed to contact the Admission Counsellor - 8265847144 (8:00 AM to 4:00 PM) and Warden - 8279652241 (4:00 PM to 9:00 PM)
- Students attending paid classes or coaching (and requiring phone access during regular days for attending classes must submit a formal application with attached proofs on enrollment, class timings, weekly checking of notes and progress discussion and a reference number of a coaching teacher.

15. Medical Treatment

- In case of any injury, academy will NOT be responsible. The academy will provide immediate treatment and inform parent to consult a specialist thereafter. Parents need to bare all the medical expenses themselves.

Note : Parents and students are humbly requested to read and follow the guidelines, for better communication with school and academy. These guidelines are very simple and easier to follow for the betterment of a cricket player and academic student. In case, any query arise kindly feel free to contact admission cell 8265847144. Firstly drop a msg on WhatsApp with your concern, and then your issue will be resolved in 48 hours. Parents must carefully go through all policies provided.

We look forward to better coordination and cooperation and great years together !

TERMS OF AGREEMENT & FINAL DECLARATION - NOC

I have read, understood, and accepted the rules and regulations of hostel mentioned above, I agree that all rules mentioned above are for the betterment of a player and student who joins academy and school with a vision to achieve a goal. I give my full consent and provide a no objection (at the time of admission and in the future) to MAMS SPORTS ACADEMY and MAA ANANDMAYEE MEMORIAL SCHOOL.

I assure you that I will follow all the rules and become a cherished student of MAMS. If I do not follow the same, I am aware that disciplinary actions will be taken against me. I assure my excellent cooperation with my coaches, teachers, warden and all authorities.

Date : _____

Name : _____

Student
Signature : _____

Parent
Signature : _____

Principal Signature : _____